

UNIVERSITY OF CALICUT

(Abstract)

B.S.W. programme under Choice Based Credit Semester System – Scheme and Syllabus – implemented – with effect from 2009 admission – approved – Orders issued.

GENERAL AND ACADEMIC BRANCH – I ‘B’ SECTION

No.GAI/B1/520/03. Dated, Calicut University P.O, 25.06.2009.

- Read: 1. U.O.No.GAI/J2/3601/08 (Vol.II) dated 19.06.2009.
2. Minutes of the meeting of the Board of Studies in Social Work held on 25.03.2009.
3. Minutes of meeting of the Faculty of Humanities held on 08.05.2009 (Item No.I.10).
4. Minutes of the meeting of the Academic Council held on 14.05.2009 (Item No.II.G.10).

ORDER

Choice Based Credit Semester System and Grading has been introduced for UG curriculum in affiliated colleges in the University with effect from 2009 admission onwards and the regulation for the same implemented vide paper read first above.

The Board of Studies in Social Work at its meeting held on 25.03.2009 vide Item No.1 discussed the scheme and syllabus of BSW Programme under Choice Based Credit Semester System and resolved to approve the same.

Vide paper read third above, the Faculty of Humanities at its meeting held on 08.05.2009 approved the minutes of the Board of Studies meeting.

Vide paper read fourth above, the Academic Council at its meeting held on 14.05.2009 approved the minutes of the meeting of the Faculty of Humanities and the minutes of the meeting of various Board of Studies coming under the Faculty.

Sanction is therefore accorded for implementing the Scheme and Syllabus of B.S.W. Programme under Choice Based Credit Semester System with effect from 2009 admission in the colleges affiliated to the University.

Orders are issued accordingly.

Scheme and Syllabus appended herewith.

Sd/-
DEPUTY REGISTRAR (G&A-I)

For REGISTRAR.

To

The Principals of Colleges offering BSW Programme.

Copy to: CE/Ex Sec/EG Sec/DR/AR, BA Branch/
System Administrator (with a request to upload in the University website)/GA I ‘F’ Sec/Library/SF/FC/DF.

Forwarded/By Order

SECTION OFFICER

FIRST SEMESTER

SW 1 B 01 INTRODUCTION TO SOCIAL WORK

Credits : 4

Hrs/Week : 6

Objectives:

- Understand the history of Social Work Profession in India & abroad
- Understand the basic values and principles of Social Work profession
- Understand the basic concepts relevant to Social Work practice.

Unit I Basic concepts related to Social Work: Social Work, Social Service, Social Welfare, Social Reform, Social Justice, Social Health, Social Security, Social Policy, Social Defense, Social Development, Human Rights, Social Legislation, Social Administration

Unit II- Social Work: Meaning, Definitions, Basic Assumptions, Scope, Objectives, and Functions and Methods

Unit III- Historical development of Social Work: Development of Professional Social Work- USA, UK, India, and Kerala.
Development of Social Work education
Professional aspects of Social Work

Unit IV- Basic values, Philosophy and Principles of social work

Unit V- Exposure Visits to Social Work Agencies (five agencies)

Reference:

- | | |
|---|-------------------------------------|
| 1. Introduction to Social Welfare: | Friendlander W A |
| 2. Concepts & Methods of Social Work: | |
| 3. Friendlander W A | |
| 4. Social Work & Social Work Education: | M S Gore |
| 5. History & Philosophy of Social Work in India: | A R Wadia |
| 6. Social work- An Integrated Approach: | Sanjay Bhattacharya, |
| 6. Introduction to Social Work: | Paul Choudhary |
| 7. Social Work Philosophy & Methods: | P D Mishra. |
| 8. Encyclopaedia of Social Work | Jainendra kumar Jha. |
| 9. Social Work- Methods, Practices and Perspectives | Rameshwari Devi and Ravi
Prakash |

FIRST SEMESTER

SW I C 01- BASIC ECONOMIC CONCEPTS FOR SOCIAL WORK

Credits : 2

Objectives:

- **Understand the basic economic concepts, principles, theories & its application in social work profession**
- **Understand and analyze economic problems with social work perspective**

Unit I Economics: Meaning, Definitions. Basic economic questions

Significance of economic concepts in social work

Basic Concepts: Factors of Production. Land, Labour, Capital and Organization.

Unit II- Economic Problems : Poverty, Unemployment and Over population – Meaning, magnitude, causes and consequences.

Programmes for alleviation of poverty and unemployment

Unit III- Economic Systems: Capitalism, Socialism, Mixed Economy – Definitions, Features, Advantages and Disadvantages

Unit IV- Economic Growth & Development: Definition, Indicators of and Obstacles to Economic Development.

Underdevelopment- Meaning, Characteristics & Causes.

Unit V –Indian economy: Characteristics, Problems. Five year plans. Kerala economy. Salient Features

Globalization Privatisation and Liberalisation : Meaning and Implications

Reference:

1. Advanced economic theory: Misra & Puri
2. Development & Underdevelopment-
The political economy of global inequality:
Mitchell A Seligson & John T Passé Smith
3. Indian economy- Problems of development & planning: A N Agarwal
4. India's economic reforms & development: A Vaidyanathan
5. Indian economy towards the 21st century: Surendra J Patel
6. Kerala- The development experience Govindan Parayil

FIRST SEMESTER

SW I C 02- BASIC SOCIOLOGICAL CONCEPTS FOR SOCIAL WORK

Credits : 2

Hrs/Week : 3

Objectives:

- **Provide a sociological perspective for effective social work practice**

- **Familiarize with various sociological concepts, social institutions & its use in social work profession**

Unit I

Sociology- Meaning, Definitions, Origin, Development and Importance..
 Primary Concepts in Sociology- Society, Culture, Community- Meaning & Characteristics.
 Significance of sociology in social work

Unit II

Role, Status, Social interaction and Social Process.
 Social groups- Types

Unit III-

Social institutions- Family, Marriage, Religion, education,

Unit IV

Socialization- Agents of Socialization, Theories of Socialization- C.H Cooley's 'Theory of Looking Glass Self', G.H Meads 'Theory of Self' & Freudian theory.

Unit V

Social Change- Concept & Characteristics. Social Stratification. Social Control. Social Disorganization

References

- | | |
|--|-----------------------------|
| 1. Society –An Introductory Analysis:
Page | R.M.MacIver and Charles. H. |
| 2. Social Change in Modern India: | M.N.Sreenivas |
| 3. Sociology: | Anthony Giddens |
| 4. Sociology: Primary Principles of Sociology
with an Introduction to Social Thought: | C.N.Sankar Rao |
| 5. An Introduction to Sociology:
D.R.Sachdeva, | Vidya Bhushan and |
| 6. Human Society: | Kingsley Davis |

SECOND SEMESTER

SW 2 B 02 - FIELDS OF SOCIAL WORK

Credits : 4
Hrs/Week : 6

Objectives:

- **Create awareness about enlarging scope of Social Work profession**
- **Familiarize with problems in various fields of Social Work**
- **Acquire skills for working in different areas of Social Work**

Unit I Family & Child Welfare: Foster Care, Adoption Services, Family Counselling Centre, Child Guidance Clinics, Sex Education, Premarital Counselling

Unit II- Medical & Psychiatric Social Work: Multidisciplinary Approach, Concept of Patient as a Person. Social & Emotional factors involved in disease. Death & Dying. Reaction to terminal illness. Role of medical social worker, role of psychiatric social worker

Unit III- Rural & Urban Community Development: Panchayath Raj & Decentralized planning

Unit IV-

Criminology & Correctional administration. Social Welfare Administration. School Social Work: Adjustmental Problems, Scholastic Backwardness, Learning Disability and Dropouts. Industrial social work- Problems of industrial workers, Absenteeism, Stress, Occupational Hazards.

Unit V –

Disaster Management- Crisis Intervention. Working with Elderly. Working with Mentally & Physically Challenged Community Health

Reference:

1. Social Work- An Introduction to Field: Stroup H .H
2. Field Of Social Work Fink A E
3. History & Philosophy of Social Work in India: A R Wadia
4. Social Work, Social Welfare & American society: Philip R Popple & Leslie Leighninger
5. School Social Work: Anjali Gandhi
6. Mental Health in Class rooms Mary Venus, C.J.
7. Encyclopedia of Social Work
8. Social Work with Older people: Crawford Walker

SECOND SEMESTER

SW 2 C 04 - SOCIAL PROBLEMS IN INDIA.

Credits : 2
Hrs/Week : 3

Objectives:

- To provide insight about present social problems and their magnitude.
- To enable the students to understand the impact of social problems on social life.

Unit I Social Problems: Meaning, Characteristics, Causes & Types

Unit II- Poverty and unemployment: Meaning, Types and Causes. Programmes for alleviating poverty and unemployment.

Population problems: Causes, Characteristics & preventive programmes

Communalism. Casteism and terrorism

Unit III- Substance Abuse: Causes, Types, preventive measures

Suicide: Definition, Causes, Preventive Measures and Crisis Intervention.

AIDS; psychosocial & medico legal aspects

Unit IV: Crime: Concept, & prevention

Violence against women and prostitution

Human Trafficking. Migration and Displacement

Unit V –Juvenile Delinquency: Classification, Causes and Preventive Programmes.

Child abuse: School & Family Interventions.

Child Labour: causes, remedial programmes

Reference:

- | | |
|--|--------------------------|
| 1. Social Problems in India | Ram Ahuja. |
| 2. Encyclopedia of Social Problems and Social Change (vol 1-5) | Ranjith Rajadhyaksha |
| 3. Social Problems- Society in Crisis. Claire.M.Renzetti | Daniel J.Curran, |
| 4. Economics of Child Labour | K.P.Kannan. |
| 5. Child labour and law- Myth and Reality of Child Welfare | P.L.Mehta and S.S.Jaswal |
| 6. Population and Poverty – Current status and Future approaches | M.Walter |
| 7. Indian Social Problems | G R Madan |

THIRD SEMESTER

SW 3 B 03 SOCIAL CASE WORK

Credits : 4

Hrs/Week : 4

Objectives:

- **To understand the basic concepts in Social Case Work**
- **To acquaint the students with the process of Social case work**
- **To develop in students the necessary attitude and skills to practice Social case work**

Unit I Social Case Work- Meaning, Definitions, Scope, Purpose. Historical development of Case Work. Case work practice in India. Relation to other methods of social work

Unit II- Case Work Relationship. Nature and Components. Principles of case work relationship.

Unit III-

Components of Case Work- Person, Problem, Place, Process.

Case work process- Study, Diagnosis, Treatment, Evaluation & Termination

Case work recording, Treatment Methods

Unit IV-

Skills of caseworker, Tools of Case Work- Observation, Interview, Home Visit.

Treatment methods in case work, direct treatment, administration of practical services and environmental manipulation

Unit V –Counselling in Case Work- Definition, Meaning, Importance, Objectives & Goals, Phases in Counselling. Counselling techniques & areas of Counselling

Reference:

- | | |
|--|----------------------|
| 1. The Dynamics of Casework & Counselling: | Aptekar H H |
| 2. The Case Work Relationship: | Biestek PP |
| 3. Social Casework: | R K Upadhyay |
| 4. Theory & Practice of Counselling & Psychotherapy: | Gerald Corey |
| 5. Introduction to Social Case Work: | Grace Mathew |
| 6. Social Case Work: a Problem Solving Process: | Helan Harris Perlman |
| 7. ----- | Narayana Rao |

THIRD SEMESTER**SW 3 C 05 - PSYCHOLOGY FOR SOCIAL WORK**

Credits : 2

Hrs/Week : 3

Objectives:

- **Understand the human behaviour, emotions, feelings & attitudes**
- **Understand the basic concepts of psychology & its application in social work**
- **To provide basic awareness about psychiatric disorders**
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Unit I Psychology- Definition and Scope, Branches in psychology. Relevance of psychology in social work.

Basic psychological Concepts, their components, theories and process:

Intelligence, Memory, Thinking, Emotions, Learning

Unit II Perception- Determinants of perception, Attitude-definition, formation of attitude, Motivation- Motivation Theories

Unit III Personality – Concept and Theories, Psychoanalytic theories of personality. Defense mechanisms.

Unit IV - Mental Health – Definition, characteristics and constituents

Unit V Mental Health Problems –A brief overview. Major and Minor Mental Disorders, Alcoholism, substance abuse, Psychosomatic Illnesses, Sexual deviations

1. General Psychology: (Vol. 1 & 2) – Ramnath Sharma & S.S.Chandra
2. Social Psychology: David G. Myers
3. Social Psychology: Eliot Aronson, Timothy D. Wilson & Robin M. Akert
4. Elements of social psychology: Kuppuswamy
5. Introduction to psychology: Morgon Clifford
6. Foundations in psychology: R M Verma & Shashilata Verma
7. Abnormal psychology Sarason and Sarason
8. Abnormal psychology S K Mangal.

THIRD SEMESTER

SW 3 C 06 - GANDHIAN PHILOSOPHY OF SOCIAL WORKERS

Credits : 2

Hrs/Week : 3

Objectives:

- **To create insight about the basic concepts of Gandhi & his views on society, development, industrialization, economics & education**
- **To know the relevance of Gandhian philosophy & application of Gandhian model of development in dealing with social problems**

Unit1-Foundatios of Gandhain Thought

A brief overview about Mahatma Gandhi's life. Foundations of Gandhian Social Thought. Influence of religions and philosophers. The experiences in his life. The basic values – truth, non –violence- eleven vows, seven social evils. Views about Man and society- Man as interpretation of god. Gandhiji's perceptions about society .

Unit II Gandhian Views on Social Problems

Elimination of social problems- Untouchability, Caste system, Problems of women, Alcoholism. The concept of trusteeship to eliminate economic inequality. Education- concept of Nai -Talim or Basic education

Unit III-Gandhian Concept of Community Development

The Concept of development- antyodaya, sarvodaya,
Means to achieve Development: - Swadeshi, Panchayatraj, Constructive Programmes

Unit IV Gandhian Economic Thought

Ethical basis of economics, purity of means, simplicity of life, co-operation, bread labour-self-reliance-classless society
Gandhiji's views on industrialization

Unit V - Relevance of Gandhian Ideologies

Reviewing the implementation of Gandhian ideologies in the contemporary world
Film Reviews – “Gandhi”, review of the autobiography of Mahatma Gandhi “My Experiments with Truth”
Visit to Rural development Agencies based on Gandhian ideologies(Gandhian Ashrams, Gandhi Smaraka Seva Kendras)

Reference:

1. Selected works of Mahatma Gandhi – (Vol. 1 –5).
2. Gandhian Sarvodaya: Thomas Vettickal
3. Gandian Economics: Sreeman Narayan
4. Mahatma Gandhis World View: M.P Mathai, Gandhi Peace Foundation Trust
5. Reading Gandhi (Ed): Sujit Kaur Jolly Concept Publishing Delhi

FOURTH SEMESTER

SW 4 B 05 WORKING WITH GROUPS & COMMUNITY

Credits : 4

Hrs/Week : 4

Objectives:

- **To understand the scope of Group Work in social work intervention**
- **To familiarize with group formation, group work process & evaluation**
- **Understand the elements of Community Organisation practice.**
- **Develop skills and attitudes for participatory community work.**

Unit I Social Group: Definition. Social group work- Historical Developments. Objectives of group work. Principles of group work. Group Work Process
Group formation, Stages group development

Unit II-

Communication

Group dynamics, group morale

Role of social worker in group work, Skills of group worker

Referral services, interdisciplinary team work

Unit III-

Meaning & Definition of Community Organization. History of community organization.

Objectives, principles & phases of Community organisation

Unit IV –

Methods of Community Organization-Fact finding; surveys, analysis, planning & evaluation.

Concept of community participation, community empowerment
Role of community worker. Community Development, difference between
Community Development & Community Organisation

Unit V - Social Action- Concept & Definitions, Objectives, Principles, Methods & Strategies. Scope of social action in India. Social action & social problems. Role of social workers in social action

Reference:

1. Social Group Work- Principles & Practice: Harleigh B Trecker
2. Social Group Work- a Helping Process: Gisela Konopka
3. An Introduction to Group Work Practice: Toseland & Rivas
4. Community Organisation- Theory, Principles & Practice: Murray G Ross
5. Community Organisation process in India: P R Sengupta
6. Arthur Dunham: Community Welfare Organisation.
7. Encyclopaedia of Social Work in India (vol.I to IV) Govt. of India

FOURTH SEMESTER

SW 4 C 07 - HUMAN GROWTH AND DEVELOPMENT

Credits : 2

Hrs/Week : 3

Objectives:

- **To understand the physical, psychological & social changes of various developmental stages**
- **To identify problems & hazards of developmental stages**
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Unit I

Developmental Psychology- Definition, Meaning & scope. Developmental psychology & Social Work.

Growth & Development- Meaning, Facts & Stages in development. Tasks in developmental stages.

Unit II-

Prenatal Development- Pregnancy, Child Birth, Problems during delivery

Infancy- Characteristics, Attitude of significant people, Family influence

Babyhood- Characteristics, Child rearing practices, Family relationship

Unit III-

Early Childhood- Language Development, Preschool Education, Play & its importance

Late childhood- Influence of school, Social Grouping & Social Behaviour, Psychosocial factors of child growth & development

Unit IV-

Puberty- Physical changes & its effects, Behavioral changes.

Adolescence- Period of Storm & Stress, Identity Crisis, Peer Group Influence, Family Frictions, Social Relationship & Sexuality.

Unit V-

Early Adulthood- Vocational Adjustment, Role Changes, Marital Relationship, Adjustment to Parenthood.

Middle age- Adjustments in family, Widowhood, Preparation for old age
Old age- Physical & Psychological Characteristics, Needs & Problems

Reference:

1. Developmental Psychology- A Life Span Approach : Elizabeth Hurlock
2. Principles of Developmental psychology S Kumar.
3. Developmental psychology childhood and adolescence:David R Shafer.
4. Child Development: Elizabeth Hurlock
5. Complete Book on Pregnancy & Child birth: Dr.Brahm Prakash
6. Adolescent Behaviour & Development: Dusek Jerome B
7. Emotional Problems of Living: English & Pearson

FOURTH SEMESTER

SW 4 C 08 - COMMUNITY HEALTH & HEALTH CARE SERVICES

Credits : 2

Hrs/Week : 3

Objectives:

- **To understand the concept of health & its various perspectives**
- **To familiarize with various health problems & its impact on communities**
- **To develop skills for planning and implementing community health programmes**
- **To study role of social workers in community health programmes**

Unit I Concept of Health- Definitions, Dimensions of health, determinants of health. Holistic Health.

Personal & environmental hygiene. Sanitation

Community health- definition & scope, Medical Model & Social Model

National Health Policy

Unit II- Nutrition & Balanced Diet- Constituents of food,

Nutritional Deficiency Diseases.

Diet for pregnant women & lactating mothers, diet for infants & children

Food adulteration, Food Adulteration Act

Unit III- Concept of disease- epidemiology of disease, major health problems.

Immunisation

Communicable diseases, non-communicable diseases and life style diseases

Unit IV- Health Care Services- Preventive, Promotive, Curative & Rehabilitative aspects. Components of Primary health care.

Health care services in India.

Health education & communication

Community based rehabilitation

Role of social worker in community health care services.

Unit V- Public Health Administration. Public Health programmes in India

Polio eradication programmes

T.B control programme

AIDS control programmes

Problems of public health in India

Reference:

1. Textbook of Social and Preventive Medicine Park and Park.
2. Principles of Community Medicine B Sridhar Rao
3. A handbook of Preventive and Social Medicine Yash pal Bedi
4. Health & Family Welfare Programmes in Developing Countries: Venkatesh Srinivasan
5. Health & Illness: Michael Senior & Bruce Viveash
6. Nutrition & Child Development: K E Elizabeth

FIFTH SEMESTER

SW 5 B 07 - SOCIAL WORK ADMINISTRATION

Credits : 4

Hrs/Week : 5

Objectives:

- **To study Voluntary Agency Administration**
- **To study legal aspects of Social Work Administration**
- **To create awareness about the various social welfare programmes implemented by Central & State Governments**

Unit I Social Work Administration.- Meaning and definition. Administration-Meaning, scope & principles. Organisation,. Management, Public Administration. Functions of social work administration

Unit II- Administrative process in welfare institutions- Planning, Organizing, Directing, Staffing, Coordinating.Financial administration- Budgeting, Fund raising, Accounting, Auditing. Public relations & reports, maintenance of files,

Unit III- Non- governmental organizations. Registration of Societies and Trusts., Constitution and byelaws. Societies Registration Act
Factors motivating voluntary action. National & International voluntary agencies. Problems of voluntary organisations

Unit IV-

Welfare programmes for Women, Children, Youth, Aged, Destitute & differently abled (Institutional & Non-Institutional), Social Welfare Programmes for SCs & STs., Integrated Child Development Services, Social security schemes of Central & State Governments, Kudumbashree

Unit V Social Welfare Administration in India- National level & State level Social Welfare Department- Functions and Programmes. Organizational structure, Programmes of Central Social Welfare Board

Reference:

1. Social Welfare Administration: Paul Choudhary
2. Social Welfare Administration: S L Goel & R Rajan
3. Encyclopedia of Social Welfare- Modern perspectives on Social Work: Anand Sirohi
4. Social Welfare Administration: Sachdeva
5. A new history of Social Welfare: Phyllis J Day

FIFTH SEMESTER

SW 5 B 08 - RURAL & URBAN COMMUNITY DEVELOPMENT

Credits : 4

Hrs/Week : 5

Objectives:

- To understand the concepts and strategies of rural and urban community development.
- To understand various rural & urban development programmes

Unit I

Community development- Concept, Philosophy & Methods

Early experiments in Rural Community Development.

Rural Community-meaning & characteristics

Unit II-

Rural Development Administration. Structure and Functions of Community Development Blocks

Role of NGOs in Rural Development in India

73rd Constitutional Amendment . Panchayath Raj, Structure and Functions.

Decentralised planning

Unit III- Rural development programmes in the XIth Five year plan- JGSY, SGSY, SGRY, Pradhan Manthri Gram Sadak Yojana, Samagra Awaaz Yojana, PMGY, Annapoorna, and Innovative Scheme for Rural Housing & Habitat Development

Unit IV-

Origin & Growth of Cities- Industrialization, Urbanization & Modernization.

Characteristics of urban communities. Growth of slums- cultural, political & social aspects of slum life.

Unit V –, Urban Community Development- Concepts & Strategies.

Urban development programmes

74th Constitutional Amendment & Municipal Act of Kerala – An Overview

Reference:

1. Rural Development in India K R Gupta.
2. Urban Development B R Prasad.
3. Rural Sociology in India A R Desai.
4. Rural Development I Satya Sundaram.
5. Dynamics of Sustainable Rural Development: Raghava Reddy and P Subramanyan
6. Rural Development in India-Emerging Issues & Trends: N Lalitha
7. New Panchayath Raj System- Local Self-Government in Community Development: V Sudhaker
8. Panchayath Raj in India Theory & Practice: S L Goel & Shalini Rajneesh
9. The Rural Urban Continuum: S E Bhatia
10. Urban Community Development: Jacob Z Thudipara

FIFTH SEMESTER
SW 5 B 09- SOCIAL WORK RESEARCH & STATISTICS

Credits : 4

Hrs/Week : 5

Objectives:

- **To develop a scientific approach for systematic procedure in social work research**
- **To familiarize with various statistical techniques for analyzing data**

Unit I. Social Research & Social Work research- scope and need
 Scientific methods - Theory, concepts & variables.

Unit II- Research Designs, features and types. Exploratory, Descriptive, Diagnostic, Survey & Case Study. Quantitative & Qualitative research. Literature review

Unit III-Research methodology- Identification -Problem Formulation-, Objectives, Hypothesis, Concepts, Definitions
 Sampling- Definition and techniques

Unit IV- Data Collection- Sources of Data. Methods & tools of data collection. pretest.
 Processing of data- Editing, Coding, Tabulation, Graphical & diagrammatic Representation

Unit V –Importance of Statistics in social work research, Measures of central tendency, Measures of dispersion, Measures of correlation, Writing a scientific paper, Use of computer in research , introduction to SPSS.
 Preparing research proposal.

Reference:

- | | |
|--|-------------------------|
| 1. Research for social workers-
an introduction to methods
Brutes. | Margaret Alston Wending |
| 2. Statistical methods | S P Gupta. |
| 3. Research methodology- methods and techniques | C R Kothari. |
| 4. Social work research: | D'cruz, Jones |
| 5. Social research methods: | David Dooley |
| 6. Research methods: | Ram Ahuja |
| 7. Scientific social surveys & research: | Young |

FIFTH SEMESTER

SW 5 D 01 - COMMUNITY HEALTH & HEALTH EDUCATION

Credits : 4

Hrs/Week : 3

Objectives:

- To understand the concept of health & its various perspectives
- To familiarize with various health problems & its impact on communities

Unit I Concept of Health- Definitions, Dimensions of health, determinants of health. Holistic Health.

Personal & environmental hygiene. Sanitation

Community health- definition & scope, Medical Model & Social Model

National Health Policy

Unit II- Nutrition & Balanced Diet- Constituents of food,

Nutritional Deficiency Diseases.

Diet for pregnant women & lactating mothers, diet for infants & children

Food adulteration, Food Adulteration Act

Unit III- Concept of disease- epidemiology of disease, major health problems.

Immunisation

Communicable diseases, non-communicable diseases and life style diseases

Unit IV- Health Care Services- Preventive, Promotive, Curative & Rehabilitative aspects. Components of Primary health care.

Health care services in India.

Health education & communication

Community based rehabilitation

Role of students and educational institutions in community health care services.

Unit V- Public Health Administration. Public Health programmes in India

Polio eradication programmes

T.B control programme

AIDS control programmes

Problems of public health in India

Reference:

7. Textbook of Social and Preventive Medicine Park and Park.
8. Principles of Community Medicine B Sridhar Rao
9. A handbook of Preventive and Social Medicine Yash pal Bedi
10. Health & Family Welfare Programmes in Developing Countries: Venkatesh Srinivasan
11. Health & Illness: Michael Senior & Bruce Viveash
12. Nutrition & Child Development: K E Elizabeth

FIFTH SEMESTER

SW 5 D 02 -ESSENTIAL LEGAL INFORMATION

Credits : 4

Objectives:

- **To provide an overview of social legislation and familiarize students with pertinent legislations**
- **To educate the students about the existing judicial system & its functioning**

Unit I Social Legislation, Social Justice, Social Defense

Indian Constitution- Preamble, Fundamental Rights, Directive Principles and Fundamental Duties.

Unit II- Indian Judicial system

Courts- Civil Courts, Criminal Courts, Family Courts, Juvenile *Courts*. Prisons-, Probation, Parole, Criminal Procedure Code and Indian Penal Code Criminology,

Unit III-

Personal Laws- Marriage, divorce and Adoption legislations for Hindus, Muslims and Christians, Special Marriage Act

Unit V – Legal Aid, Lok Adalats

Public Interest Litigation, Human rights- Human Rights Commission, Women's Commission, Child Rights

Unit IV- Laws for the protection and care of Women, Children, Disabled, SC/ST Social security Legislations- Maternity Benefits Act, ESI Act, Factories Act, Workmen's Compensation Act

Reference:

1. Introduction to the Constitution of India Brig kishore Sharma.
2. Handbook of Human Rights Jayant Chaudhary
3. Family Law I A Saiyed.
4. Bare Acts of various legislations.
5. Social Legislation in India: Gangrade K D
6. Social Policy & Social Development in India: Kulkarni P D
7. Encyclopaedia of Social Work in India

**FIFTH SEMESTER
SW 5 D 03 - GENDER AND DEVELOPMENT**

Credits : 4

Hrs/week : 3

Objectives:

- **To understand key concepts, issues in gender and development**

- **To give awareness about reciprocal relationship between women & men in society**
- **To create awareness about the magnitude of gender disparities in the present context**

Unit I Gender – Definition and related concepts : Sex and Gender, Gender Stereotypes, Gender statistics, Gender Bias, Feminism, Women Empowerment, Women Studies

Unit II- Status & Role of women- Women & Family, Women & Religion, Women & Education, Women & Economy, Women & Media, Women & Environment, Women & Health

Changing role & status of women in India & Kerala.

Unit III- Gender issues & legislation for women- problems of destitutes, widows, unwed mothers, single women, girl children, working women. Domestic violence, dowry death, sexual exploitation, female infanticide

Unit IV- Women & Kerala society- Kerala model of development- Implications for women in family, education, employment, economy, politics, and environment, Impact of Globalisation on women

Unit V- Programmes for the development of women- Programmes of Central & State Governments. Legislation to protect the interests of women. National & State Commission for Women.

Reference:

- | | | |
|----|----------------------------------|---|
| 1. | Women & Society: | G.Vijayaswari Rao |
| 2. | Gender Studies: | Anne Cranny Francis, Vendy,
Waring, Pan Stavropoulos |
| 3. | Women & Indian Society: | Andal N |
| 4. | Social Status of Women in India: | Maya Majundar |
| 5. | Indian Women through the ages: | S.K. Gosh |
| 6. | Women in a Developing Society: | Usha Rao |
| 7. | Women & The Law: | Srivastav T.N. |

SIXTH SEMESTER

SW 6 B 11 - PROFESSIONAL SKILL DEVELOPMENT

Credits : 4

Hrs/Week : 5

Objectives:

- **To develop communication, public speaking, listening skills in students**
- **To develop students as trainers or resource person in conducting training programmes**

Unit I Human Resources- Definition, Importance. Value of the individual, Human Resource Development

Unit II- Personality Development- Role of Heredity & Environment. Personality types- Extroverts & Introverts. Theories of personality development. Determinants of personality. Role of family, school in personality development. Components of personality development. Self-awareness, self esteem

Unit III-

Communication process in Social Work- meaning, types- verbal & nonverbal communication. Importance of body language. Interpersonal communication. Barriers to effective communication

Listening- importance, causes of poor listening, strategies of effective listening, selective listening. Effective Public Speaking & Presentation Skills- Practical sessions
Introduction to Transactional analysis

Unit IV-

Management of Time

Career Guidance and career counseling. Interview- types, characteristics, principles techniques of interviewing, facing an interview

Participatory Training Methodology :Planning, Conducting & Evaluating Training programmes, Group discussions, Seminars, Workshops, Camps, Conferences, Meetings

Unit V –Leadership skills

Stress management

Emotional Intelligence- Importance, EQ & IQ- Assessment. Components of EQ.

Positive mental attitude. Factors influencing positive mental attitude. Measures to develop positive mental attitude.

Reference:

- | | |
|--|---------------------|
| 1. Time management and personality development | John Adair. |
| 2. Principle centered leadership | Stephen R covey |
| 3. Personality and development | Vijay Pratap Singh. |
| 4. Secrets of Mind Power: | Harry Lorayne |
| 5. Understanding emotional intelligence, IQ: | Dr. Jyotsana Codaty |
| 6. Count your chickens before they hatch: | Arindam Chaudhuri. |
| 7. Use your memory | Tony Buzan. |
| 8. Emotional intelligence | Daniel Goleman. |
| 9. Working with emotional intelligence | Daniel Goleman |

SIXTH SEMESTER

SW 6 B 12 - LEGAL INFORMATION FOR SOCIAL WORKERS

Credits : 4

Hrs/Week : 5

Objectives:

- **To provide an overview of social legislation relevant to social work practice**
- **To educate the students about the existing judicial system & its functioning**

Unit I Social Legislation, Social Justice, Social Defense

Indian Constitution- Preamble, Fundamental Rights, Directive Principles and Fundamental Duties.

Unit II- Indian Judicial system

Courts- Civil Courts, Criminal Courts, Family Courts, Juvenile *Courts*. Prisons-, Probation, Parole, Criminal Procedure Code and Indian Penal Code Criminology,

Unit III-

Personal Laws- Marriage, divorce and Adoption legislations for Hindus, Muslims and Christians, special marriage act

Unit V – Legal Aid, Lok Adalats

, Public Interest Litigation, Human rights- Human Rights Commission, Women’s Commission, child rights, Judicial Activism

Unit IV- Laws for the protection and care of Women, Children, Disabled, SC/ST Social security Legislations- Maternity Benefits Act, ESI Act, Factories Act, Workmen’s Compensation Act

Reference:

8. Introduction to the Constitution of India Brig kishore Sharma.
9. Handbook of Human Rights Jayant Chaudhary
10. Family Law I A Saiyed.
11. Bare Acts of various legislations.
12. Social Legislation in India: Gangrade K D
13. Social Policy & Social Development in India: Kulkarni P D
14. Encyclopaedia of Social Work in India

**THIRD SEMESTER
SW 6 B 13- FAMILY LIFE EDUCATION**

Credits : 4

Hrs/Week : 5

Objectives:

- **To familiarize with various aspects related to family life**
- **To develop life skills in students**
- **To equip students with the skills to deal with family problems**

Unit I Family Life Education- Concept & Meaning. Importance of family life education. Role of home, school and religion in imparting family life education Family- Importance of family, Family in the changing society.

Unit II- Life skills – Components. Practice sessions in life skills development.

Unit III- Reproductive system and health : Male and female reproductive systems, its functioning. Sexual development. Conception, pregnancy and delivery.
Family Planning : methods, use of contraceptives. Abortion. Medical Termination of Pregnancy Act

Unit IV- Human sexuality. Importance of sex in family life. Functions of sex-reproduction, recreation and relational aspects of sex. Sex & love.

Unit V- Marriage & Parenthood- Importance of marriage, Common concerns-arranged marriage & love marriage. Living together, individual differences. Problems and adjustments, accepting and respecting each other, communicating difficult feelings, Premarital Counselling
Moral, cultural & social values in family life. Marital life & role expectations
Divorce- psychosocial effects of divorce and Separation

Reference:

1. The psychology of women Margaret W Matlin
2. The adolescent development, relationship and culture F Philip Rice.
3. Family in India Krishna Chakraborty.
4. Self care for women Parul R Sheth
5. Human sexual response: Masters & Johnson
6. Women's reproductive health in India:
Radhika Ramasubban, Jeejebhoy,
Shireen J
7. The essentials of contraceptive technology-a Handbook for clinical staff: John Hopkins Population Information Programme
8. Men are from Mars and Women are from Venus. John Gray.
9. Family Dynamics Aruna Khasgiwala.

SIXTH SEMESTER

SW 6 E 01 - GENDER & DEVELOPMENT

Credits :2
Hrs/Week : 3

Objectives:

- **To understand key concepts, issues in gender and development**
- **To give awareness about reciprocal relationship between women & men in society**
- **To create awareness about the magnitude of gender disparities in the present context**

Unit I Gender – Definition and related concepts : Sex and Gender, Gender Stereotypes, Gender statistics, Gender Bias, Feminism, Women Empowerment, Women Studies

Unit II- Status & Role of women- Women & Family, Women & Religion, Women & Education, Women & Economy, Women & Media, Women & Environment, Women & Health

Changing role & status of women in India & Kerala.

Unit III- Gender issues & legislation for women- problems of destitute, widows, unwed mothers, single women, girl child, working women. Domestic violence, dowry death, sexual exploitation, female infanticide

Legislation to protect the interests of women.

National & State Commission for Women.

Unit IV- Women & Kerala society- Kerala model of development- Implications for women in family, education, employment, economy, politics, and environment, Impact of Globalisation on women

Unit V- Programmes for the development of women- Programmes of Central & State Governments.

Role of NGOs in the empowerment of women

Reference:

- | | | |
|----|----------------------------------|--|
| 1. | Women & Society: | G.Vijayaswari Rao |
| 2. | Gender Studies: | Anne Cranny Francis, Vendy, Waring, Pan Stavropoulos |
| 3. | Women & Indian Society: | Andal N |
| 4. | Social Status of Women in India: | Maya Majundar |
| 5. | Indian Women through the ages: | S.K. Gosh |
| 6. | Women in a Developing Society: | Usha Rao |
| 7. | Women & The Law: | Srivastav T.N. |

SIXTH SEMESTER

SW 6 E 02- SOCIAL MOVEMENTS & SOCIAL DEVELOPMENT

Credits : 2

Hrs/Week : 3

Objectives:

- **To develop a meaningful understanding about past & present social movements**
- **To equip students to examine social realities from different perspectives**
- **To familiarize with the contemporary discourse on social movements & social development**

Unit I Social Movements: Concept & Types of movements.

Unit II- Social movements in India & Kerala: Peasant movement- Tribal movement Dalit movements- Backward class/caste movement

Unit III -Women's movement- Industrial working class movement, Student's movements, Middle class movements, Human Rights & Environmental movements, Social movements in the context of Globalisation

Unit IV- Social Development- meaning.
Indicators of Social Development, Social work & Social Development
Social policy & Social Development

Unit V- Social Capital & Social Development, Social Movements & Social Development
Problems of Social Development in India Kerala model of Social Development: concept, problem and challenges. Development statistics

Reference:

1. Social Development –
Challenges faced in an Unequal and Plural Society: M.S. Gore
2. Social Development in an Indian sub Continent: H.Y. Siddiqui
3. Social Development in Rural India: S.K. Pant & Janaf Pandey
4. Investigating Social Capital –
Comparative Perspective on Civil Society,
Participation and Governance Sanjeev Prakash
5. Social Movement in India – A Review of Literature Ghanashyam
5. Nation, Civil Society and Social Movements-
Essays on Political Sociology: T.K. Oommen
7. Social Movements and the State: Ghanashyam Shah

SIXTH SEMESTER

SW 6 E 03 - PROGRAMMES AND SERVICES FOR THE ELDERLY

Credits :2

Hrs/Week : 3

Objectives

- **To understand the concepts of aging, gerontological care and Social Work**
- **To understand the problems faced by aged.**
- **To study the role of Social Work interventions in caring for the Aged**

Unit I - Basic Concepts : Old Age, Aging and Ageism
Characteristics of old age, Physical, social, emotional changes
Personal, social, vocational and marital adjustments
Problems and Hazards –

Unit II Problems of aging : Sociological and Psychological perspective
Family and elderly
Social and vocational rehabilitation
Policy, programmes and services for elderly

Unit III Gerontological Social Work
Role of social worker in the care of elderly
Interdisciplinary team in Geriatric Care

Unit IV Components of Gerontological Social Work

New patient assessment, Medical and Social Concerns, Living situation, education and work history, Family composition, Social supports, substance use, spirituality, activity level and mental health

Family assessment, providing solutions to care giver burden, common problems in psychotherapy with the elderly

Unit V Components of Gerontological Care Management in Social Work

Community Based programmes

Individual Treatment Methods

Support groups for older adults – qualities of effective groups

Reference:

1. Developmental Psychology – a life span Approach : Elizabeth b. Hurlock
2. Aging and Aged: A source Book : Chowdhary Paul D.
3. Practice with Elder : Parsons, Ruth J.

UNIVERSITY OF CALICUT
SCHEME AND SYLLABUS OF BACHELOR OF SOCIAL WORK (BSW)

Semester I

Sl. No	Course Code	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination		Total Credits
						EE Weight	1E Weight	
1.	A 01	Communicative Skills in English	4	3	3	30	10	18
2.	A 02	Critical Reasoning and Writing	5	3	3	30	10	
3.	A 07	Communication Skills in Languages other than English	4	4	3	30	10	
4.	SW 1 B 01	Introduction to Social Work	6	4	3	30	10	
5.	SW 1 C 01	Basic Economic Concepts for Social Work	3	2	3	30	10	
6.	SW 1 C02	Basic Sociological concepts for Social Work	3	2	3	30	10	

Semester II

Sl. No	Course Code	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination		Total Credits
						EE Weight	1E Weight	
7.	A 03	Reading Literature in English	4	4	3	30	10	20
8.	A 04	Readings on Indian Constitution Secularism and Sustainable Environment	5	4	3	30	10	
9.	A 08	Translation and Communication in Other Languages	4	4	3	30	10	
10.	SW 2 B 02	Fields of Social Work	6	4	3	30	10	
11.	SW 2 C 03 (P)	Observation visits and Rural Camp	3	2			40 (100 %)	
12.	SW 2 C04	Social Problems in India	3	2	3	30	10	

Semester III

Sl. No	Course Code	Title Of Courses	Hours/week	Credits	Exam Hours	Scheme of Examination		Total Credits
						EE Weight	1E Weight	
13.	A 05	Literature and Contemporary Issues	5	4	3	30	10	20
14.	A 09	Literature in Other Languages	5	4	3	30	10	
15.	SW 3 B 03	Social Case work	4	4	3	30	10	
16.	SW 3 B 04(P)	Field work – Community	5	4			40 100 %	
17.	SW3 C 05	Psychology for Social Work	3	2	3	30	10	
18.	SW 3 C 06	Gandhian Philosophy for Social Workers	3	2	3	30	10	

Semester IV

Sl. No	Course Code	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination		Total Credits
						EE Weight	1E Weight	
19.	A 06	History and Philosophy of Science	5	4	3	30	10	20
20.	A 10	Culture and Civilization	5	4	3	30	10	
21.	SW 4 B05	Working with Groups and Community	4	4	3	30	10	
22.	SW 4 B 06	Field work – Community (P)	5	4			40 (100 %)	
23.	SW 4 C 07	Human Growth and Development	3	2	3	30	10	
24.	SW4 C 08	Community Health and Health Care Services	3	2	3	30	10	

Semester V

Sl. No	Course Code	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination		Total Credits
						EE Weight	1E Weight	

25.	SW 5 B 07	Social Work Administration	5	4	3	30	10	20
26.	SW 5 B 08	Rural and Urban Community Development	5	4	3	30	10	
27.	SW 5 B 09	Social Work Research and Statistics	5	4	3	30	10	
28.	SW 5 B 10 (P)	Agency Based Concurrent Fieldwork 20 days	5	4			40 (100 %)	
29.	SW.5 D 01	Community Health and Health Education	3	4	3	30	10	
	SW.5 D 02	Essential Legal Information	3	4	3	30	10	
	SW.5 D 03	Gender and Development	3	4	3	30	10	
30.	(PR)	Project	2				40	

Semester VI

Sl. No	Course Code	Title Of Courses	Instruction Hours/week	Credits	Exam Hours	Scheme of Examination		Total Credits
						EE Weight	1E Weight	
31.	SW 6 B 11	Professional Skill Development	5	4	3	30	10	22
32.	SW 6 B 12	Legal Information for Social Workers	5	4	3	30	10	
33.	SW 6 B 13	Family Life Education	5	4	3	30	10	
34.	SW 6 B 14 (P)	Block Fieldwork(25 days/one month)	5	4			40 (100%)	
35.	SW.5 E 01	Gender and Development	3	2	3	30	10	
	SW.5 E 02	Social Movements and Social Development	3	2	3	30	10	
	SW.5 E 03	Social Work with elderly	3	2	3	30	10	
36.	(PR)	Project	2	4			40	

Rules and Regulations for Examination

Examination rules and regulations of the university are applicable to the course. Guidelines for evaluating special courses like fieldwork and dissertation are given below

Fieldwork

Fieldwork in each semester should consist of the number of hours stipulated in the scheme.

Sl.No	Criteria for evaluation Total weightage-30	Weightage %
1.	Daily Report	50
2.	Summary Report	10
3.	Evaluation by faculty and Agency supervisors	20
4.	Seminar on Fieldwork	20

Sl.No	Criteria	Split up of criteria	Weightage
1.	Daily Report	Regularity and Punctuality in submission	2
		Ability to integrate theory in reporting	4
		Analytical Skills	4
		Clarity in presenting ideas	3
		Language skills	2
2.	Summary Report	Ability to summarise and present information and conclusions briefly	2
		Language skills	1
3.	Evaluation by faculty and Agency supervisors	Ability to perform the assigned functions	2
		Ability to work in a team and with different types of people	2
		The extent to which the learning opportunities are used	2
4.	Seminar on Fieldwork	Preparation and Presentation	2
		Use of audio Visual Aids	2
		Participation in discussion	2

Grades	Grade Points
A	4
B	3
C	2
D (lowest passing grade)	1
E	0

Dissertation

The student has to prepare and submit a dissertation under the guidance of a faculty member. He or she may take up a problem related to the subject and should prepare a research proposal, develop instruments for data collection and collect data, analyse and interpret data and prepare a research report. The length of the report may be between 50 – 60 pages and it should not exceed 60 pages.

Bachelor of Social Work - BSW

Eligibility Criteria for Admission

The applicant for admission to BSW in the University of Calicut must have a pass in pre degree/plus two/equivalent examination. Admission will be based on the marks scored in the qualifying examination.

